

MOA Newsletter - Summer 2024 Edition

The MOA Newsletter is dedicated to exploring the diverse world of MOAs, encompassing their work, home life, hobbies, and interests. We strive to provide engaging content that resonates with the MOA community, and we invite you to contribute your thoughts, ideas, and personal stories. Whether it's a compelling biography, innovative concept, or a unique perspective on MOA-related topics, your input is invaluable to us. Share your experiences and help us create a vibrant, informative newsletter that truly reflects the spirit and diversity of the MOA community.

Email: almostanything.cw@gmail.com

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Email!?
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MOA Community



Kamloops MOA Discussion Board

🔒 Private group · 293 members

Our discussion board is a community of working MOAs from diverse backgrounds who support each other by sharing helpful questions and queries throughout the day. We've also added a medical supply and equipment buy-and-sell section. If you are a working MOA, we invite you to join us!



Kamloops MOA Bulletin Board

🌐 Public group · 62 members

Our bulletin board is designed for all healthcare assistants. Whether you're looking for work, studying, interested in the field, have something to sell, or are searching for something specific, feel free to join us!



Other Facebook Pages/Groups of Interest



MOA Network Working Group

🔒 Private group · 11 members



Med Access User Group for MOAs

🔒 Private group · 168 members



College of Physicians and Surgeons of BC

3h · 🌐

Medical knowledge 🧐

🌐 Public group · 329.3K members



Medical questions, advice, & support

🔒 Private group · 5.3K members

Coach's Corner

MOA Survey Results

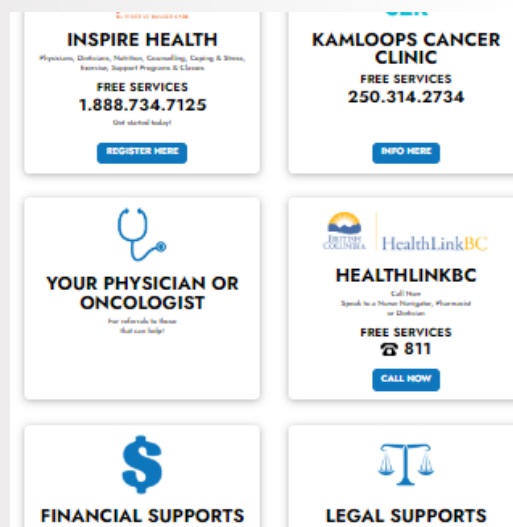
Thanks to everyone who completed the recent survey sent to the MOA network. The survey helped us gain more clarity about the kind of content the MOA network wants to see delivered. Here's what we heard: What resources do you feel are needed in your clinic?

[SURVEY RESULTS](#)

[Supportive Cancer Care Session for MOAs](#)

The Supportive Cancer Care Session was highly informative, offering a wealth of information to assist our cancer patients in various aspects of their treatment, including finances, legalities, mental health, and more. A huge thank you to those who attended.

For more information, please refer to the provided resources.



[Kamloops Cancer Connect](#)

[Inspire Health](#)

[Support Groups](#)



Doc Toc

“Medicine cures diseases, but only doctors can cure patients.” – Carl Jung

Coming, Going and some in between

Congratulations to Dr Elloway
(Chase) who is on parental leave.

Dr Wynne is practicing part time
virtually in Logan Lake.

Dr Alabi started practicing in
March at the Barriere Clinic.

Dr Barclay is retiring in June
from Sun Peaks .

Dr Jost will be joining the
Kamloops General Surgeons,
July 2nd, 2024

Dr Sean Gorman's practice is
now closed as of Jun 14th, 2024

Dr Hudson will be closing as of
June 1st, 2025



[Canadian Doctor Directory](#)

Ever need contact
information for a
Doctor in Alberta,
Ontario or anywhere in
Canada?
Find it here

[**RURAL PHYSICIAN PROGRAMS**](#)
is a guide to help rural physicians
gain an understanding of the
programs and support available to
them through the Rural Practice
Subsidiary Agreement

Panel Update

The Ministry of Health has introduced a new process to reduce patient duplications on multiple physicians' panel lists, as 91% of panel lists are now submitted into the Provincial Attachment System (PAS).

Data collected from these uploaded panel lists indicates that about 500,000 patients (about 23% of patients on physicians' panel lists) appear to have more than one family doctor. This process will ensure patients appear on only one list, with their Most Responsible Provider (MRP).

Key actions include:

1. Automatic Assignment:

Starting May 28, 2024, patients seen by one physician exclusively over the past three years will be automatically assigned to that physician without notification. Physicians can view their status in the new 'MRP Status' column in PAS.

2. Notification Letters: From July, patients seen by one physician 80% of the time over the last three years will receive letters to confirm their MRP.

They can agree via a new patient portal or by calling 8-1-1.

3. Direct Contact: Patients without a majority physician will be contacted by Ministry staff in the summer to confirm their MRP through the patient portal or 8-1-1.

For physicians, the 'MRP Status' column in PAS will display:

- **Confirmed:** Patient is confirmed with the physician.

- **Pending:** Attachment status unresolved.

- **Not the MRP:** Patient is with a different physician or not on any panel.

- **Removed:** Patient removed from the physician's panel.

Read On!

Further information and support are available via email at healthbcsupport@phsa.ca.

Contact Ania Zubrowska, Attachment Coordinator, for local support with PAS
azubrowska@thompsondivision.ca

Celebrating MOAs

For nearly 14 years, I've been dedicated to supporting neurologist Dr. Todd Collier in providing exceptional care. Prior to this, I had the privilege of working alongside neurologists Dr. Jennifer Takahashi and Dr. Russ Mosewich. My passion for my work knows no bounds; every day brings the joy of connecting with wonderful patients and fellow medical office assistants. Outside the office, I cherish my time with my two grown children and indulge in outdoor adventures like camping in my motorhome, paddle boarding, and road tripping. If you ever have questions for our team, please don't hesitate to reach out. Here's to wishing everyone a fantastic day ahead!

Marisa Lentz



Barb Field



I began working at 17 for Dr. Lazaruchuk, a surgeon, and his wife, a GP, on Tranquille Road, taking on after-school shifts. Shortly after, I started working with Dr. Yeung and stayed with him for 30 years. Over the years, I have also worked with Dr. Sladden, Dr. Waller, and Dr. Smillie. Currently, I work for Dr. Lesch. I love being an MOA and have no plans to retire anytime soon. I enjoy knitting, knitting retreats, and road trips. I have been married for 38 years and have two children and two grandchildren.

"I have known Marisa for almost 20 years. Beyond her compassion, caring, and professionalism, what I love most about her is her sense of humour. We worked together during her employment with Dr. Sladden, and our time together was unforgettable. She will always hold a special place in my life." Connie

Clinical Connections

Kamloops Surgical Centre



Hours
Monday to Friday
7 am to 4:30 pm

Phone
250.314.0076
Fax
250 314 1196

At Kamloops Surgical Centre, they offer a comprehensive range of cosmetic plastic surgery procedures, including bilateral breast augmentation, breast lift (mastopexy), liposuction, tummy tuck (abdominoplasty), facelift (rhytidectomy), eyelid surgery (blepharoplasty), and ear correction (otoplasty). Payment is required for cosmetic surgery, but some procedures may be covered by third-party insurers like WSBC and RCMP.

In partnership with Interior Health, they provide additional operating rooms for public health procedures, including dental, general surgery, neurosurgery, ophthalmology, and orthopaedics.

The state-of-the-art facility features three fully equipped operating rooms with general anesthesia capabilities, a six-bed recovery unit, and a dedicated step-down recovery area. Prioritizing patient comfort with modern waiting areas, wheelchair accessibility, and free parking right next to the entrance. For more information and to get started, please visit the web page [HERE](#)

MOAs

Morgan Anderson
Brandi Milman
Deanna Fischer

SURGEONS

Dr. Keith Carter
Dr. John Guy
Dr. Lelane Mostert
Dr. Cindy Nagel
Dr. Perry Vitoratos
Dr. P. A. Kiss
Dr. James Baughan
Dr. Anise Barton
Dr. Tom Wallace
Dr. Jake Hiebert
Dr. Zaheer Kanji
Dr. Jean-Francois Chevalier
Dr. Mike Ross
Dr. Derek Butterwick
Dr. David Cruickshank
Dr. Scott Hughes
Dr. A. R. Outerbridge
Dr. J. Poon
Dr. A. D. Porter
Dr. Valerie Hurdle
Dr. Michael Jacoby
Dr. Steven Meredith

Pharmacy Chit-Chat

Behind-the-Counter Drugs and Medications

Drugs kept behind the counter in Canadian pharmacies include EpiPens, Polysporin eye or ear drops, the strongest lice shampoos and Tylenol No. 1 with codeine Cough Syrup with codeine and B12 injectable.

**DO NOT require a RX.
which may save you a
dispensing fee.**

(If your third party coverage
doesn't approve)

Pharmacare Coverage

Pharmacy services
covered by
PharmaCare

What BC
PharmaCare
does and
does not
cover



Important Helpful Links

[Special Authority forms](#)

[Drug Shortages](#)

[Palliative Care \(Plan P\)](#)

[Psychiatric Medications \(Plan G\)](#)

[Low Cost Alternative \(LCA\) program](#)

[Patient Information Sheets](#)

Billing Particulars

ICBC Webinar Recording

Did you miss last month’s ICBC lunch-and-learn webinar?

You can now access the webinar recording (21 minutes). Stay up-to-date on ICBC billing and invoicing. Learn about what is and isn’t covered by Enhanced Care, and how to correctly bill and invoice ICBC.

<https://vimeo.com/showcase/10799537>

Use the password: Webinar@209

[WorkSafe BC
Physicians Material](#)

[ICBC’s Family Physicians
Forms Material](#)

[RoadSafetyBC Forms
Payment Schedules](#)

[MSC Payment Schedule
LFP Payment Schedule
\(as of June 24th\)
LFP Video](#)

[Uninsured Services
April 1st 2024](#)

Reminder:

- If patient asks about an unrelated medical condition during an ICBC visit, you can also bill the MSP fee **13075**.
- If patient asks about an unrelated medical condition during an WorkSafeBC visit, you can also bill the MSP fee **13070**.
- Diagnostic codes must be different for the WorkSafeBC/ICBC visit and the MSP billed visit.
- Both the ICBC and MSP visit billings are to be submitted as usual through Teleplan, with the appropriate insurer identified for each service.

July						
S	M	T	W	T	F	S
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3

August						
S	M	T	W	T	F	S
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

September						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5

Close Off Date* ☐

Load Remittance ☐

July Is Cleft and Craniofacial Awareness

Rare craniofacial clefts are severe deformities affecting the bones and soft tissues of the face and head, arising from disruptions in normal fetal development. These clefts occur when parts of the face fail to fuse properly in utero, leading to noticeable facial and cranial differences. Craniofacial malformations, which include cleft lip and palate (CL/P), craniosynostosis, and other syndromes, are among the most common birth defects. While cleft lip and palate can be linked to genetic factors, maternal smoking, alcohol consumption, and obesity during pregnancy, most cases are sporadic. Only 20% of cleft cases are inherited. Surgical intervention may be necessary for conditions like craniosynostosis to correct skull and facial bone formations, which can be intricate and involve significant reshaping. Higher incidences of these conditions are noted in people of Asian, Native American, or Hispanic descent.

**CLEFT LIP/PALATE & CRANIOFACIAL
BRACEDINBC – DR. ANGELINA Y. C. LOO**
[Vancouver Surgeons in Orthodontics](#)

BC Children's Hospital
[Cleft Palate &
Craniofacial Disorders](#)

Smile Foundation
[EVERY CHILD DESERVES A
SECURE SENSE OF SELF](#)



August is Immunization Awareness

Since at least the 15th century, variolation—intentionally exposing individuals to smallpox to prevent illness—was practiced, with some sources dating it back to 200 BCE. This practice evolved significantly when Lady Mary Wortley Montagu introduced smallpox inoculation to Europe in 1721. Edward Jenner's 1796 breakthrough with cowpox led to the first successful smallpox vaccination, laying the foundation for modern immunization. Throughout the 19th and early 20th centuries, key vaccines were developed, including Louis Pasteur's rabies vaccine in 1885 and the first influenza vaccine approved in 1945. Major milestones included the creation of the polio vaccine by Jonas Salk in 1952 and its oral counterpart by Albert Sabin in 1960, as well as the development of the MMR vaccine in 1971 and the hepatitis B vaccine in 1969.

The World Health Organization's (WHO) 1967 Intensified Smallpox Eradication Programme led to the disease's eradication by 1980. Subsequent efforts focused on other diseases, resulting in significant vaccines like the HPV vaccine in 2006 and the RTS/S malaria vaccine pilot in 2019. The COVID-19 pandemic in 2020 saw the unprecedented rapid development of mRNA vaccines. Despite this progress, global vaccination efforts still face challenges, with 1 in 5 children unvaccinated. Continued global cooperation, funding, and commitment are essential to ensure that no one suffers from vaccine-preventable diseases.

[Canadian Immunization Guide](#)

[Register to get vaccinated](#)

[Travel Vaccines](#)

Did you Know??

Pharmacists can provide vaccines by injection to children 4 and older and by nasal spray to children 2 and older.

Plus some will do Travel Vaccines too!

[Find a Pharmacy](#)



September is Urology Awareness

Visiting a urologist is crucial for diagnosing and treating a variety of urologic conditions through specialized procedures such as vasectomies, cystoscopies, and treatments for prostate issues, kidney stones, and erectile dysfunction. For men over forty, regular urologist visits are essential for overall wellness, early cancer detection, managing enlarged prostate symptoms, and addressing erectile dysfunction. Urinary incontinence, including urge and stress types, can be effectively diagnosed and treated by urologists, while recurrent UTIs in women and kidney stones in both genders may require medication or surgery. Other urologic issues like overactive bladder, pelvic floor dysfunction, benign prostatic hyperplasia, and prostate cancer are significant health concerns but are manageable with early detection and appropriate treatment.

[UROpedica](#)
[Canada](#)
[everything](#)
[Urology](#)

[MAYO Clinic](#)
[Symptom](#)
[Checker](#)



Educational Opportunities

**Free Online Learning , just
click, register and learn**

[Naloxone training](#)

How to use Naloxone eLearning course outlines opioid poisoning response activities that anyone can do to quickly recognize and respond to an opioid poisoning event.

[Introduction to WorkSafeBC & ICBC](#)

A short online continuing medical education course designed for family physicians and specialists in British Columbia (BC). (UBC)

[Supporting Patients and Providers in a Sea of Health Misinformation](#)

educational session where highly experienced and knowledgeable experts will answer your questions and share their knowledge about detecting, navigating, and discussing health misinformation. (UBC)

**Not quite so free,
but equally easy**

[Cognitive Fitness](#)

6-step plan for boosting brain health and cognitive fitness.
(Harvard) \$29.00US

[Stress Management](#)

tools you need to build a powerful shield to protect yourself from stress and its effects. (Harvard) \$30.00US

[See all Harvard courses](#)

Podcasts

[Canadian Health Information Podcast](#)

Listen to the Canadian Health Information Podcast (CHIP) for in-depth conversations about Canada's health systems

[Healthy Canadians podcast](#)

Your space for nuanced conversations and expert insights on the health topics that matter to all of us.

[PATIENT Podcast Series](#)

[Non-fiction
medical drama
told through
patients' eyes.](#)

Community Allies

City of Kamloops Community Bylaws
Ph: 250-828-3409

City of Kamloops Crime Prevention:
250-376-5099

BC Ambulance Services – NON Urgent
250-374-4411

Coroners Services
STN 315-293 Clapperton Rd
Kamloops, BC V2B 1E4
250-376-4660

Kamloops Fire Rescue
1205 Summit Drive
V2C 5R9
ph 250-372-5131

Corrections:

RCMP -NON Urgent
560 Battle St
Kamloops, BC
V2C 6N4
Ph: 250-828-3000
Fax: 250-828-3210

Northshore Community Policing
915 7thst. Kamloops, BC
V2B 2W7
Ph: 250-376-5099
Fax: 250-376-4257

Tk'emlups Rural
599 Pow Wow Trail
Kamloops, BC
V2H 1H1
Ph: 250-314-1800

Kamloops Regional Correction Centre (KRCC)
P.O. Box 820
Kamloops, C
V2C 5M9
Ph: 250-571-2200
Fax: 250-571-2205

Transportation:

- Transit 250-828-3702
- E-Bus 877-769-3287
- U-Ride (App on the web)
- Kami Cabs 250-374-9999
- Yello Cab 250-374-3333
- HandyDart 250-376-7525
- Clearwater & Area Transit 250-674-3935 or 855-359-3935 (Yellowhead community services)
- Comfort Keepers Senior Services 778-471-1711
- People in Motion
ph 250-376-7878
fx 250-376-4689
- **Interior Health Medical Bus**
- **Northern Health Medical Bus**
- Kamloops City Parking App

Funeral Services

Drakes Funeral Services Downtown:
Ph: 250-377-8225 Fax: 250-851-0772

First Memorial
Ph: 250-554-2429 Fax: 250-554-3522

Kamloops Funeral Services
Ph: 250-554-2577 Fax: 250-554-2117

Cypress Funeral Services (Alternative)
Ph: 250-554-2324 Fax: 250-554 3505

Schoenings Funeral Services
Ph: 250-374-1454 Fax: 250-374-1061

Provincial Network

BC Centre for Disease Control
655 West 12th Avenue
Vancouver, BC
V5Z 4R4 Canada
Phone: 604-707-2400
Email: admininfo@bccdc.ca

Lab Results: Phone 1-877-747-2522
Fax 604-707-2601 or alternate:
604-708-8037

Drug info for health care professionals: Phone 604-707-2787
Toll-free 1-866-298-5909
[DPIC website](#)

STI Services:
Phone 604-707-560

TB Services: Phone: 604-707-5678
Fax: 604-707-2690

Who's In Charge!?

1. Adrian Dix Minister of Health
Email: HLTH.Minister@gov.bc.ca
2. Bonnie Henry - Provincial Health Officer
Email: Bonnie.Henry@gov.bc.ca



- [BC Guidelines](#)
- [College of Physicians and Surgeons](#)
- [Practice standards and professional guidelines](#)
- [BC PharmaCare for health professionals](#)
- [Public Health Links](#)
- [Health Link Files](#)
- [Forms for Medical & Health Care Practitioners](#)

In The News

More ambulance services in rural and remote communities in the B.C. interior

As of April 1, 2024, all 21 communities in BC's Interior Health region transitioned from the "scheduled on-call" (SOC) model to one of three new staffing models to ensure better availability and support for ambulances. [Read the Report](#)

New guidelines

calling on primary-care providers to screen all adolescent patients for eating disorders [Read the Report](#)

How internet addiction may affect your teen's brain, according to a new study [Read the Report](#)

Tattoos tied to higher lymphoma risk, research shows

The Swedish study found that tattooed individuals have a 21 per cent increased risk of lymphoma relative to people who do not have tattoos.

Researchers from Sweden have found a possible link between tattoo exposure and malignant lymphoma risk, but note the findings are limited and more research on the topic is needed.

[Read the Report](#)

Recalls

[Thousands of LED lights](#) recalled in Canada due to fire and burn risks

[Recalls and safety alerts](#)

Current Medical News

- [CMA News](#)
- [Canadian Health Care Network](#)
- [MD NewsLine](#)
- [Canada News Wire](#)

Emergency Preparedness



- [PreparedBC emergency guides and resources](#)
- [Evacuee Registry](#)
- [Emergency Support Services](#)
- [Social media toolkits for emergency awareness](#)
- [Emergency education programs and toolkits](#)
- [The Air Quality Health Index](#)
- [Heat Response](#)
- [Flooding](#)

Find current and official information during emergencies in B.C.

Download the App:

[Alertable](#): Emergency Information at your fingertips

[BC Wildfire Service](#)

[Voyent Alert](#)

access to trusted, timely and accurate information when property is impacted

Contact Chelsea Brookes for local support to prepare your clinic for an emergency. Email cbrookes@thompsondivision.ca

Summer Tips

Your Health This Summer

- [Beat The Heat](#)
- [Insect Bites and Stings and Spider Bites](#)
- [Staying Active](#)
- [Guide to Healthy Travel](#)
- [Wildfire and your health](#)

Summer Skin Tips

Seasonal changes require adjusting skincare routines, especially in summer, which poses challenges like dark patches, oily or dry skin, and rashes. Essential summer skincare tips include regularly checking moles with a dermatologist, using sunscreen with at least SPF 30 (preferably SPF 50+), applying and reapplying it every 2 hours, staying in the shade, moisturizing after sun exposure, taking cool showers, changing clothes after exercise, using weekly revitalizing masks, incorporating antioxidants into your diet and skincare to combat free radicals, and repairing skin with facials and soft peels post-summer. These practices ensure comprehensive skin health and beauty during the hottest months

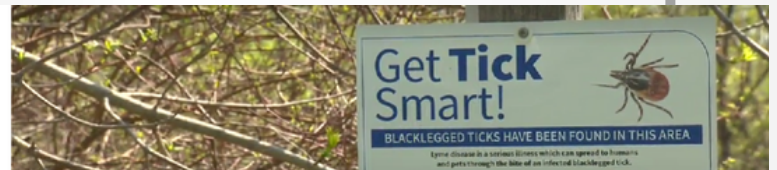
[Read the report.](#)



**Ticks are 'better, stronger, faster':
National Veterinary Association**

Ticks are leaping unseen in places you may not be expecting them

Here's how to **prevent tick bites and safely remove them**




[Water Smart Tips](#)

Drowning is preventable. With approximately 500 fatalities annually, drowning is the third leading cause of unintentional death among Canadians under 60 years of age, the most common cause of accidental deaths among children 1-4 years and the second leading cause of preventable death for children under 10 years.

Good To Know



BLOOD TYPES 		
TYPE	YOU CAN GIVE BLOOD TO	YOU CAN RECEIVE BLOOD FROM
A+	A+ , AB+	A+ , A- , O+ , O-
O+	O+ , A+ , B+ , AB+	O+ , O-
B+	B+ , AB+	B+ , B- , O+ , O-
AB+	AB+	Everyone
A-	A+ , A- , AB+ , AB-	A- , O-
O-	Everyone	O-
B-	B+ , B- , AB+ , AB-	B- , O-
AB-	AB+ , AB-	AB- , A- , B- , O-

stepintomygreenworld.com



RED HEADS

- Red hair and blue eyes are the rarest combination
- Redheads have a higher pain threshold
- Redheads are perceived as more temperamental
- Redheads have a higher risk for skin cancer