

# MOA Newsletter

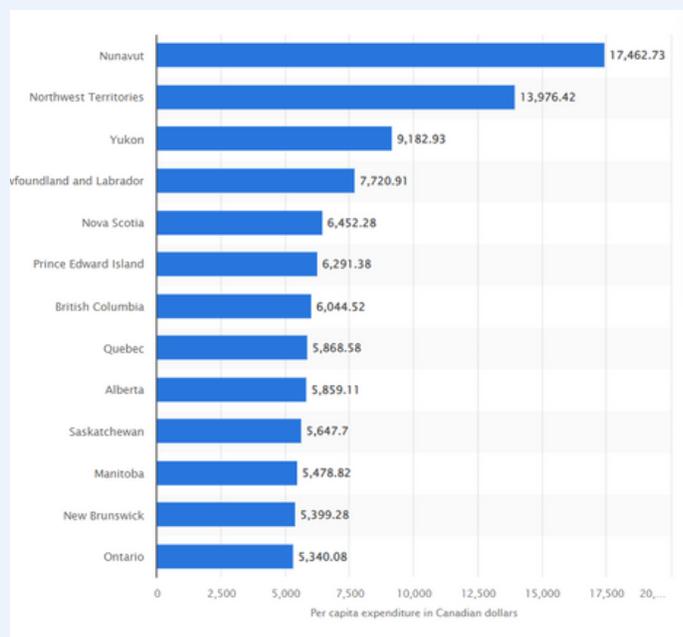


Canada has a system of health care that is financed through taxation and public funding. As of 2023, the total per capita expenditure in Canada for health care was estimated to be about 8,740 Canadian dollars.

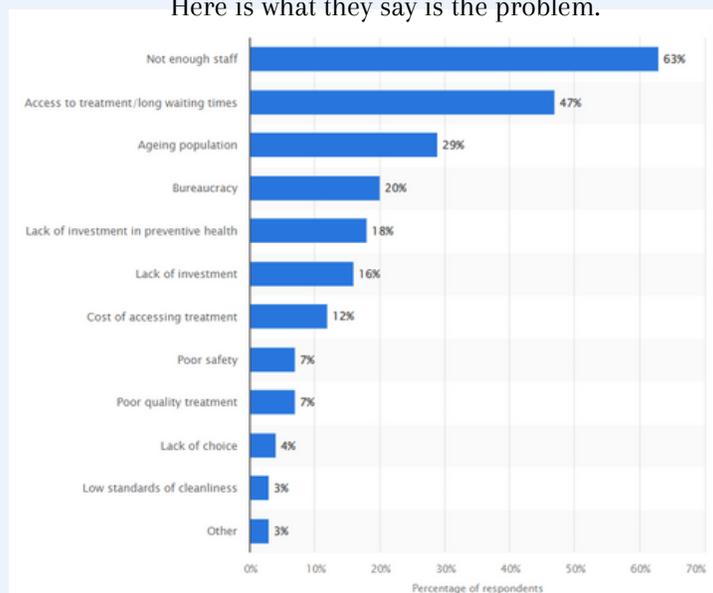
The amount of provincial/territorial government spending per capita in Canada is highly dependent on territory or region. It was forecasted that in 2023, Nunavut would have the highest government health expenditures per capita among all territories and provinces with some 17,462 Canadian dollars being spent on health care per capita.

Ontario, on the other hand, had one of the lowest government health expenditures per capita forecasted for 2023 with just 5,340 Canadian dollars being spent per person, less than a third of Nunavut.

Sounds like a lot! Still there are an estimated 6.5 million people who do not have a family physician or nurse practitioner they see regularly, according to a Canadian national survey.



Here is what they say is the problem.



[Canadian Institute of Health Information](#)

[Statistics Canada](#)

[Health and Economic Costs of Chronic Disease](#)

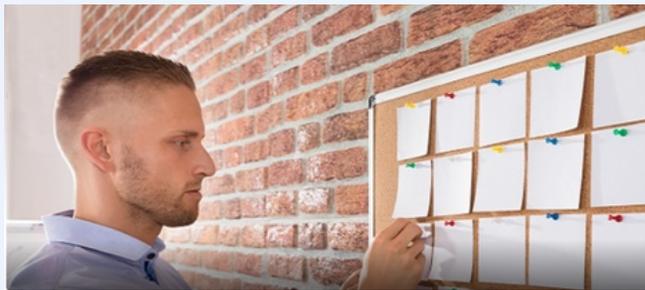
## What's Inside this Issue

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# MOA Lounge



Check out our New Additional Facebook Group  
**[Kamloops MOA Bulletin Board](#)** - Anyone can join!!



Kamloops MOA Bulletin Board

Our Bulletin Board is a Classified Group to post Job Opportunities, ISO Jobs, Medical Events and News. You can sell stuff here too (related to your job, of course, NOTHING personal or promotional)

## MedAccess Users

Did you know there is a Kamloops & Area MOA Community Portal? This is a great space where you can connect with other MedAccess users across the Kamloops area. You can share ideas, ask questions, share & request specific templates easily! There is already many great resources uploaded for you to benefit from. You can also turn on notifications to receive updates when new posts are added. Click [this link](#) to find out more about the MedAccess Community Portal and add start connecting!

## MOA Newsletters

Winter 2023/2024

Fall 2023

Summer 2023

Spring 2023

Winter 2022/2023

Fall 2022

Summer 2022

Spring 2022

Winter 2021/2022

Fall 2021

Summer 2021

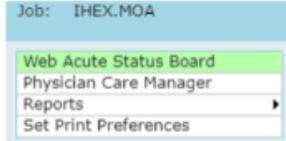




# MEDITECH Tech Talk

**MEDITECH** is migrating to a web browser version and the old PCM (Physician Care Manager) module is starting to be decommissioned.

**What's changing?**

<p>Expanse Web shortcut:</p> 	<p>For MOA's you will continue to use your current job role, but will choose the new "Web Acute Status Board" here:</p> 
<p>For Physicians there is a <b>new Web job role</b> that starts with <b>IH Provider – 'site'</b>.</p> <p>* Job <input type="text" value="IH Provider -"/></p>	

Lunch and Learn Sessions - Thursdays from March 14th to April 25th, 12pm-1pm  
Microsoft Team Meeting - join on your computer or mobile app

- [Click Here to join the meeting](#)
- Meeting ID: 244 329 872 464 Passcode: zu35yW
- [Download teams](#)
- [Join on the WEB](#)

## Meditech Expanse System Applications

### Self Serve Training Videos

Training Videos [Meditech Expanse System Applications | Medical Staff | IH \(interiorhealth.ca\)](#)

#### Recommended Basics

- MEDITECH Expanse Web Launch & Basic Navigation (2:39 minutes)
- MEDITECH Expanse Web ED Tracker (7:04 minutes)
- MEDITECH Expanse Web Acute Status Board (4:42 minutes)
- MEDITECH Expanse Web Patient Chart Navigation (4:34 minutes)

There is also a new and improved way to access **MEDITECH Expanse Web** from a non-IH device from anywhere!

1) [Register with MFA \(Instructions on the IH Website - search 'MFA'\)](#)

[Multifactor Authentication \(MFA\) | IH \(interiorhealth.ca\)](#)

2) Access in your web browser (Chrome/Edge Recommended) at [ace.interiorhealth.ca](http://ace.interiorhealth.ca)

Contact us with general inquiries or feedback:

[ExpanseWebSupport@interiorhealth.ca](mailto:ExpanseWebSupport@interiorhealth.ca)

• Tip: We can help with customizations of using Widgets and setting Workload preferences

Issues and all other inquiries contact IH

Service Desk: [ServiceDesk@InteriorHealth.ca](mailto:ServiceDesk@InteriorHealth.ca)

# Acknowledging MOAs



## Erin Scharien

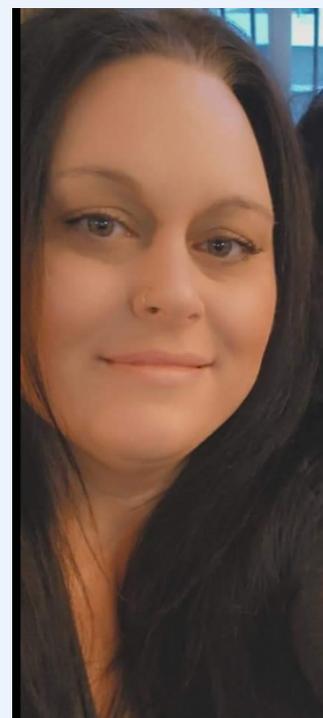
Erin has been an MOA for 15+ years, For the past year and a half has worked with Dr Champagne (Derm) and Dr Chuang (OBGYN) She enjoys her job and is thankful for her caring, knowledgeable doctors.

Erin enjoys her pets (of plenty), and spending quality time making memories with her kids.

## Dacia Finley

Dacia has been an MOA for 13 years working at Summit Medical and Kamloops Urgent Care Clinic, and for the past 11 years this June has worked for Dr Erin Adams. Loving her position and her boss, they have become as close as family. She praises Dr Adams for her dedication to her practice and their patients; and how she goes above and beyond, caring and advocating for them.

Dacia enjoys time out with her friends, weekends away and vacationing. She enjoys spending time with her son Noah while she can, growing up fast, he will be 17 soon.



## Leanna Shreve

Leanna has been an MOA for 2.5 years and has worked with Dr du Preez and Dr. Bosman and most recently for Dr. Julia Mayba.

Dr Mayba is our newest Dermatologist in Kamloops and practices at the West Columbia Square Medical Building , Monday through Friday.

When Leanna isn't hard at work she enjoys all outdoor activities, including horseback riding, hunting, fishing and hiking.

# Coach's Corner



## Health and Dental For Doctors and their Staff

The Health Benefits Trust Fund (HBTF) plan is a comprehensive health and dental benefit plan for members and their medical office staff. It includes an employee benefit package of Life, Accidental Death & Dismemberment and Long Term Disability insurance coverage specifically for medical office staff.

### The plan covers many health care expenses such as:

- Drugs
- Dental services
- Eye Exams
- Paramedical expenses
- Other medical supplies or equipment (eg. crutches, braces, etc.)
- More importantly, the HBTF plan provides coverage for essential unpredictable, and often pricey, medical expenses such as:
  - Prescription drugs
  - Prosthetics
  - Medical equipment (for more information refer to pages 8 and 9 of the benefit booklet)
  - Private duty nursing
  - Accidental dental
  - Hospital and emergency travel

With this plan, Doctors of BC members can also elect an optional "Cost Plus" feature which allows physicians to self-insure eligible health and dental expenses that are not covered in the base plan, and use the payments as a tax deduction for their professional business.

## Eligibility

### Physicians can enroll in the plan if they are:

- a member of Doctors of BC
- under the age of 65
- residing in Canada
- Proof of good health is not required if you apply within 90 days of becoming a Doctors of BC member for the first time.

### Medical Office Staff can/must be enrolled in the plan if they are:

- employed in a medical office that is participating in this Plan
- under the age of 65
- actively working in the office at least 20 hours per week (regularly)
- must be enrolled within 3 months of employment and must complete a three month waiting period

### [Explore More](#)

- Participation requirements
- Plan Brochures and Booklets
- Application forms

## MOA Appreciation Event - Follow up Survey!

Following up on the MOA Appreciation event held in October 2023, we have successfully disseminated resources and provided training sessions. We have garnered valuable insights and feedback from participants and are now seeking assistance in prioritizing community needs for our planning endeavors this year. We kindly request your participation in the survey below to aid in determining the support initiatives to be implemented throughout the upcoming year. **Please complete by April 30. Thanks!**

**SURVEY SAYS!!!**



# Doc Toc



## **New resource for Family Docs (*BC Family Doctors*)**

Sick note requests for employers are especially senseless for short absences from work. Some of you don't bother billing or can't bill for them.

BC Family Doctors joined forces with BC College of Family Physicians to offer physicians an updated sick note template for employers. It's all part of our advocacy efforts to reduce unnecessary paperwork for family doctors.

[Physicians can download the sick note here.](#)



## **Eligible Grants**

- Clinic Funding
- Practice Funding
- Technology Funding
- Physician Leader Training
- Hollister King Rural Family Practice CPD Grant
- Janus Continuing Professional Development (CPD) Grant
- Scholarly Work in Family Medicine Education Grant
- Daniel Glazier Research Grant in Adult Mental Health and Substance Use

## **Doctors of BC Business Pathways**

Business Pathways is a Doctors of BC initiative that focuses on supporting doctors in navigating the operational side of managing a business.

Through Business Pathways, doctors can access;

- valuable resources
- information
- toolkits

And expert advice to help inform and streamline business operations.

You can find information about:

- starting your business
- emergency preparedness
- human resources management
- and other key dimensions of managing your office.

Check it out [here](#) at Docs of BC

[Learn More Here](#)

# Meet the Surgeons



Left to Right: Dr. Andrew Porter , Dr. Ross Outerbridge, Dr. Laura Zeznik, Dr. Tyler MacGregor, Dr. Jonathan Bourget-Murray, Dr. Scott Hughes, Dr. Chris Dusik, Dr. Derek Butterwick, Dr. David Cruikshank, and most recently Dr Jeffrey Poon ( *not in the photo*)

[Visit the Orthopedic Web Page to learn more](#)

As you know the Specialists require a referral from physician, but they also require imaging PRIOR to a consult:

With the Green button, you can view and download the latest PDF document, this shows all of the required x-rays that should be done prior to referral.

**Physician Referral Form**  
**Consultation for Orthopaedic Concerns**  
**Fax: 250-374-0357**

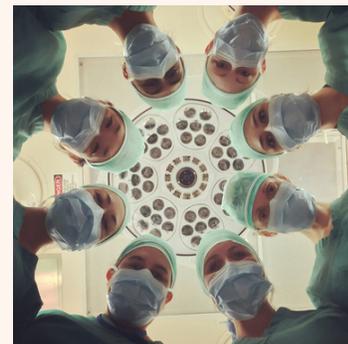
**URGENT REFERRALS:** Referrals regarding acute fracture, infection, or tumour, please discuss with Orthopaedic Surgeon on call (RIH 250-374-5111).



[Radiology PDF Download](#)

The Surgeons have an update letter in Pathways regarding the Consult and Surgical Wait Times for Hip and Knee Arthroplasty [CLICK HERE FOR THE COMPLETE LETTER](#)

The Kamloops Orthopaedics Group have made significant progress in enhancing patient access to musculoskeletal care and reducing surgical wait times for patients requiring elective hip and knee arthroplasty at the Royal Inland Hospital (RIH) in Kamloops. This is due in large part to surgical expansion and increased perioperative efficiency. In parallel, we have introduced several changes to streamline delivery of Orthopaedic care in our catchment area. This includes a central referral system, as well as hiring two new surgeons.





## Nurse in Practice Program

The Nurse in Practice program is designed to expand team-based primary care by integrating more nurses into family practices. Under this program, longitudinal primary practices that deliver longitudinal primary care to one or more panels of patients, or that provide focused primary care to priority populations, may be eligible for funding to hire a registered nurse (RN) or licensed practical nurse (LPN) to work as part of their core clinical team.

### **The Nurse in Practice program is designed to:**

- allow family physicians (FPs), nurse practitioners (NPs), registered nurses (RNs) and licensed practical nurses (LPNs) to work to their full scope of practice
- increase capacity for larger patient panels, which means primary care providers can provide longitudinal care to more people
- support primary care provider and nurse satisfaction while providing care

### **For patients, that means:**

- more timely access to primary care services
- improved follow-up care and care coordination
- improved patient care quality and health outcomes

Applications may be submitted at any time. Application assessments will occur quarterly.

Deadlines for the 2024/25 fiscal year are: April 1, 2024; July 1, 2024; October 1, 2024; January 1, 2025.

For more information and to learn who is eligible:

[Click here](#)

**Improving  
care with  
nurse-to-  
patient ratios**

The Province announces minimum nurse-to-patient ratios, retention and recruitment investments

To support the implementation of minimum nurse-to-patient ratios, the Province is investing \$237 million in initiatives that will retain, encourage the return of, and recruit new nurses into the health-care system

Read the Facts, learn about the retention program and the patient nurse ratio

[HERE](#)



## Occupational Health Services

Benefits of a Healthy Workplace		
✓ Reduce absenteeism	✓ Increased employee morale	✓ Reduced staff turnover (higher commitment)
✓ Lower overall staff costs	✓ Increased productivity levels	✓ Improved company image

### DriverCheck

### MedCor Canada

### Kamloops Health Care Services

### Cann/Amm Occupational Testing

### SureHire

- Pre-Employment Physicals
- Spirometry Testing
- Drug Testing
- Breath Alcohol Testing
- Saliva Alcohol Testing
- Mobile Testing
- Audiometric Screening
- Vision Testing
- Hearing Testing
- Immunization
- Cardio Testing
- Blood tests
- (Cholesterol / Glucose, etc.)
- Mental Health Support
- On Site
- Mobile
- Virtual

# Educational Opportunities



## Take Advantage!!!



The **StrongerBC** future skills grant provides funding to British Columbians aged 19 years or older – regardless of financial need – to take eligible short-term skills training at public post-secondary institutions, covering up to \$3,500.



### Medical Office Assistant with Unit Clerk

Both the Federal and Provincial government are stepping up to promote further education and training. Those that qualify, you can work full-time, receive double the weekly allowance and Pay Zero interest on their loan.



**Canadian  
Red Cross**

**Training**

Babysitter and Children safety  
First Aid & CPR  
Instructor courses  
Occupational Health and Safety  
Psychological First Aid



**St. John Ambulance**  
**SAVING LIVES**  
at work, home and play

Standard First Aid/Intermediate First Aid  
Emergency First Aid/Basic First Aid  
Advanced Level First Aid  
Cardiopulmonary Resuscitation (CPR)  
BC Occupational First Aid  
Health & Safety Online  
Mental Health  
Home & Youth  
Opioid Poisoning Response Training

## Life Saving Videos

[CPR/AED](#)

[CPR-Step By Step](#)

[CPR/AED & First Aid](#)

# In The Community



As society becomes dependent on technology some people don't have access to WIFI or electronic devices.

**Free WIFI is available at:**

- Starbucks
- Tim Hortons
- 7 Eleven
- Libraries
- The Airport
- Ask Wellness
- Almost every restaurant
- and Pubs
- plus Telus, Rogers and Shaw all have HOT SPOT locators.

[176 Free WIFI Locations in Kamloops](#)

**Public Computer Access:**  
including printing , copying , emailing,  
etc.

- [Kamloops Courthouse Library](#)
- [Thompson Rivers University](#)
- [Thompson-Nicola Regional Libraries](#)

## Comparing Pharmacy Dispensing fees

Costco	\$ 4.49
Freshco	\$ 10.00
Glovers	\$ 14.00
Guardian	\$ 10.60
Ida	\$9.99
Kipp-Mallery	\$ 10.00
Kleo Pharmacy	\$ 10.00
Loblaw	\$ 9.99
Manshadi	\$ 10.00
Pharmasave	\$ 10.60
Pivot Pharmacy	\$ 5.00
Pratt's	\$12.60
Rexall	\$ 11.99
Safeway	\$ 10.00
Save On Foods	\$ 10.30
Shoppers Drug Mart	\$ 11.60
Super Store	\$ 10.00
Walmart	\$ 10.00

## City Of Kamloops-Public Safety



Creating Safe Places



Community Services



RCMP Services



Parking Services



Crime Prevention



Kamloops Fire Rescue

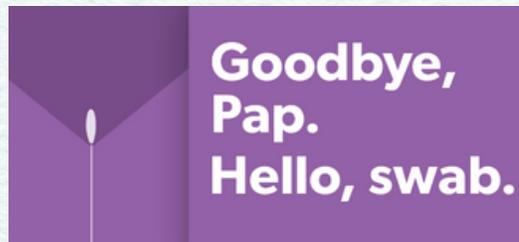


Emergency Preparedness

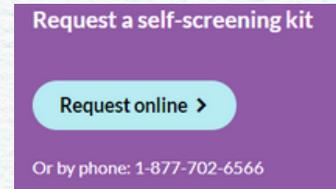


Animal Control

# What's New



People in B.C. now have improved access to cervical cancer screening as a province-wide cervix self-screening program launched Jan 29th 2024



A new way to screen for cervical cancer that can be done wherever you feel safe and comfortable, such as in your home or at a health care provider's office. Cervix self-screening is an alternative to the Pap for routine cervical cancer screening.

[Read More](#)

[PAP REQUISITION](#)

[CANCER SCREENING FLIPBOOK](#)

[SCREENING RESOURCES](#)

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## In-Vitro

**B.C. to pay for 1 round of in-vitro fertilization starting 2025 \$68 million earmarked in budget for program to begin in 2025**



## Top 6 Medical Innovations to Watch For in 2024



Watch The Medical Futurist pinpoint specific trends about the future of medicine and healthcare.

In this video, he will summarize the 6 most exciting and important trends to watch for in 2024.

# Research



## Genetic Testing

**Its nothing new, but its getting a lot of notice lately!**

A genetic test checks the DNA of your cells. It can find changes in your genes or chromosomes that may cause a genetic illness. The results may tell you about your ancestry, your health, or your risk for certain diseases.

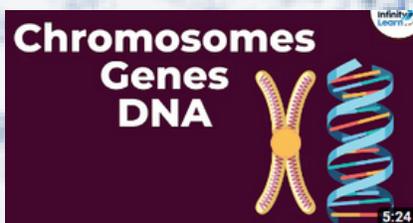
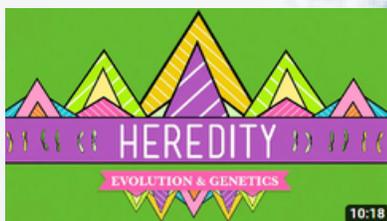
Testing can be done on a single gene, selected genes, or all of your genes (your genome). The test can look for a single change in a gene or check the entire gene or chromosome for changes.

Genetic screening tests include prenatal screening and carrier screening. Prenatal screening checks a fetus for possible genetic problems. Carrier screening shows if an adult carries a gene change that could be passed along to their child.

You inherit half of your genetics from each birth parent. Genes determine things like your blood type, hair colour, and eye colour. Genes can also affect your response to medicines.

Testing may be done to:

- Find out if you carry a gene for an inherited disease, such as cystic fibrosis.
- Find out if your fetus is at risk for a genetic condition such as Down syndrome.
- Find out if you carry a gene that increases your risk for a disease later in life, such as breast cancer.
- Find out if you have an inherited heart disease called hypertrophic cardiomyopathy.
- Check for genetic changes that may affect your treatment for an existing disease.
- Find out if you have inherited gene changes that affect your response to medicines.
- Identify family members, crime suspects, or victims of war or disasters for legal purposes.



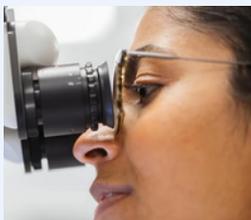
**[Find out more](#)**

**[Autosomal Recessive Conditions](#)**

**[Mayo Clinic](#)**

**[Types of Genetic Tests](#)**

**Potential one-time  
gene therapy treatment  
for wet age-related  
macular degeneration**



Sophie J. Bakri, M.D., a Mayo Clinic ophthalmologist, performed subretinal gene therapy as part of a clinical study of a potential one-time gene therapy for the treatment of wet age-related macular degeneration.

**[LEARN MORE](#)**

# Billing Basics



## MSP Close off Dates

MARCH	
5	Cut-off
13	Remittance
15	Payment
18	Cut-off
26	Remittance
29	Payment
29	Good Friday

APRIL	
1	Easter Monday
3	Cut-off
11	Remittance
15	Payment
18	Cut-off
26	Remittance
30	Payment

MAY	
3	Cut-off
11	Remittance
15	Payment
21	Cut-off
20	Victoria Day
26	Remittance
31	Payment

JUNE	
4	Cut-off
12	Remittance
14	Payment
18	Cut-off
26	Remittance
28	Payment

### MOA MSP

#### Billing Tutorials

### Special Services

#### Committee

### Billing information

### BCMJ Billing Tips

- MSP Audit Tips
- Recovering Lab testing

### MSP Audit

#### Process

## Information on how to claim your PAS Registry Payments

Updates and important information on the Provincial Attachment System (PAS) for family physicians who provide longitudinal care, including those on Fee-for-Service and other payment models, and for physicians enrolled in the LFP Payment Model.

### BC 2024 Designated Holidays

Jan 1st - New Year's Day

Feb 19th - Family Day

Mar 29th - Good Friday

April 1st - Easter Monday

May 20th - Victoria Day

July 1st - Canada Day

Aug 5th - BC Day

Sept 2nd - Labour Day

Sept 30th - Truth & Reconciliation Day

Oct 14th - Thanksgiving

Nov 11th - Remembrance Day

Dec 25th - Christmas

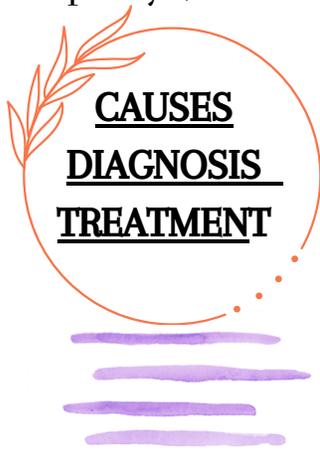
Dec 28th - Boxing Day

# Health Awareness



## April is Hypoxic Ischemic Encephalopathy (HIE) Awareness Month

Hypoxic (Lack of Oxygen)  
Ischemic (Restricting  
Bloodflow)  
Encephalopathy (Affecting the  
Brain)



When the brain is deprived of oxygen, brain cells are injured. Some may recover, some may die. The most common causes of oxygen deprivation to the brain are low levels of oxygen in the blood or a reduced flow of oxygen to the brain. This can happen in a variety of ways prior to birth, during the birth process, after birth, and during childhood.

## May is Guillain-Barre Syndrome Awareness Month-

Guillain-Barré syndrome (GBS) is a rare disorder where the body's immune system damages nerve. The damage to the nerves causes muscle weakness and sometimes paralysis. While its cause is not fully understood, the syndrome often follows infection with a virus or bacteria.

Weakness and tingling in your hands and feet are usually the first symptoms.





## June is Cytomegalovirus (CMV) Awareness Month

Cytomegalovirus (CMV) is a common virus that can infect anyone. Once infected, your body retains the virus for life. Most people do not know they have CMV, because it rarely causes problems in healthy people. However, if you are pregnant, CMV is cause for concern because the infection can be transmitted to your baby. Congenital CMV (cCMV) is the most common non-genetic, and therefore preventable, cause of birth defects and hearing loss in infants.



Once infected, your body retains the virus for life. Most people don't know they have cytomegalovirus (CMV) because it rarely causes problems in healthy people.



# Helpful Websites

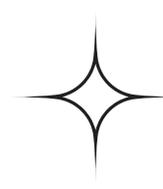


## Health Links

[BC Surgical Wait Times](#)

[BC Centre For Disease Control](#)

[Health Link Files](#)



## Community Health Links

[Urgent Primary Care & Learning Centre](#)

[Public Health](#)

[Kamloops Aboriginal Friendship Society](#)

## MSP /ICBC/WCB links

[MSP Payment Schedule\(Fee for service\)](#)

[MSP Payment Schedule \(LFP Payment Model\)](#)

[MSP Contact information](#)

[Worksafe \(Physician's resources\)](#)

[ICBC \(Physician's Resources\)](#)

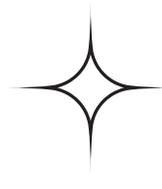
## Search Engines

[Medication Search](#)

[Medication by condition](#)

[Pill Identifier \(by Colour\)](#)

[Testing Search](#)



## Social Media

[Kamloops MOA Discussion Board](#)

[Kamloops MOA Bulletin Board](#)

[MOA Network Working Group](#)

## College of Physicians and Surgeons

[Search registrant directory](#)

[Practice standards and professional guidelines](#)

[Contact Information](#)

## Pathways

**Do you need access to Pathways? Email them @ [contact-us@pathwaysbc.ca](mailto:contact-us@pathwaysbc.ca)**

Include in your email:

- First and last name
- Email
- Which city do you work
- What is your role? EG. : MOA
- Employer Name
- Office Phone

**[Check out the Video below for a quick tutorial](#)**

**Agenda**

- Introduction to Pathways
- Clinician Pathways demo
- Patient fillable webforms
- Pathways Medical Care Directory



# The Right to Write Right



## 8 common Homonyms that confuse the best of us. How confused are you?

### accept/except

Use **accept** as a verb to mean receive: *The organization will accept donations through the first of the month.*

Use **except** as a preposition to mean exclude: *You may donate all items except car seats and cribs.*

### weather/whether

Use **weather** when referring to the state of the atmosphere: *The constantly changing springtime weather is driving us crazy.*

Use **whether** as a conjunction to introduce choices: *Please tell us whether you would prefer steak or salmon for dinner.*

### there/their/they're

**There** can act as different parts of speech, depending on how it is used in a sentence. Most commonly, it is used as a pronoun or adverb.

*There will be a lot to eat at the party tonight.*  
(pronoun)

*Put the book over there.* (adverb)

**Their** is a pronoun.

*The students put their coats in the closet.*

**they're** is the contraction for they are

*They're going to have practice immediately after school today.*

### you're/ your

**You're** is a contraction for you are.

*You're going to absolutely love this new recipe.*

**Your** is a pronoun.

*Please bring your books to class with you tomorrow.*

### complement/compliment

Use **complement** when referring to something that enhances or completes: *The cranberry sauce is a perfect complement to the turkey dinner.*

Use **compliment** as an expression of praise: *I was pleased to have received so many compliments on my new dress and shoes today.*

### lie/lay

Use **lie** to indicate the act of reclining: *I am tired just watching the dog lie in the warm sunlight.*

Use **lay** to indicate the placement of something: *Please lay the paper on the table.*

Lay is a transitive verb, which means it always needs an object! Something is always being put down; lie, on the other hand, will never have an object because it is an intransitive verb.

### it's/its

It's is the contraction for it is.

**It's** raining today, so the baseball game will be cancelled.

**Its** is the possessive form ("possessive" means belongs to) of it.

The cat is licking its paws.

### capital/capitol

Use **capital** when referring to a city, a wealth or resources, or an uppercase letter: *The capital of Maryland is the gorgeous city of Annapolis.*

Use **capitol** when referring to a building where lawmakers meet: *The capitol has undergone extensive renovations this year.*

# Just Because



## How's your algebra?

Dr. Wong can see 12 patients in 3 hours. At this rate how long would it take her to see 48 patients?

*Answer at the bottom of the page*

## Medical Abbreviations

Daily **D**      2x/day **BID**      3x/day **TID**  
 4x/day **QID**      Before Meals **ac**      After Meals **pc**  
 In the morning **AM**      At Night **HS**      Before  **$\bar{a}$**   
 After  **$\bar{p}$**       Every **Q**      Hour **H**      As Needed **PRN**  
 Clear to Auscultation **CTA**      Right **(R)**      Left **(L)**  
 Regular Rate + Rhythm **RRR**      Bilateral **(B)**  
 Antecubital **(L/R)AC**      Forearm **(L/R)FA**  
 Wrist **(L/R)W**      Not|No **Ø**      With  **$\bar{c}$**   
 Secondary to **s/t**      Related to **r/t**      Due to **d/t**  
 Status post **s/p**      With or Without **+/-**  
 Chest Pain **CP**      Shortness of Breath **SOB**  
 Nausea, Vomiting, Diarrhea **N/V/D**  
 Atrial Fibrillation **AFIB**      GI Bleed **GIB**  
 Congestive Heart Failure **CHF**      Kidney Stones **KS**  
 Acute Renal Failure **ARF**      Chronic Kidney Dz **CKD**  
 Acute Coronary Syndrome **ACS**  
 Type 1 Diabetes **T1DM**      Type 2 Diabetes **T2DM**  
 Hypertension **HTN**      Hyperlipidemia **HLD**  
 Altered Mental Status **AMS**  
 Diagnosis **Dx**      Prescription **Rx**      Treatment **Tx**  
 Surgery **Sx**      Fracture **Fx**  
 Past Medical History **PMHx**      Chief Complaint **CC**  
 Past Surgical History **PSHx**      Complains of **c/o**  
 Hx of Present Illness **HPI**      Aspirin **ASA**  
 Within Normal Limits **WNL**      Antibiotics **ABX**

## Advice from a Patient

This may be a normal day at work for you,  
but its a big day in my life.

The look on your face and the tone of your voice  
can change my entire view of the world.

Remember, I'm not usually this needy or scared.  
I am here because I trust you, help me stay confident.

I may look like I'm out of it,  
but I can hear your conversations.

I'm not used to being naked around strangers,  
keep that in mind.

I'm impatient because I want to get the keck out of here.  
Nothing Personal.

I don't speak your language well.  
You're going to do what to my what?

I may only be here for a short time,  
but I'll remember you the rest of my life.

Your patients need your patience.



*Therefore, it would take Dr. Wong 12 hours to see 48 patients.*

**Health  Willness**

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